



Principal's Reflections...

THE ESSENCE OF FREE WILL

Anthony Burgess's profound observation, "When a man cannot choose, he ceases to be a man," captures the essence of what it means to be human. At its core, this quote emphasises the critical importance of free will and individual agency in defining us as humans. Without the ability to make choices, no matter how complex or seemingly trivial, we lose the autonomy that gives life its meaning.

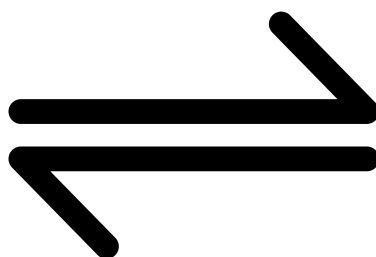
In our daily lives, the power of choice shapes us in countless ways. From the mundane decisions we make—what to eat for breakfast, which path to take to work—to the profound dilemmas we face—choosing a career or deciding what we stand for—choices forge our identities. They allow us to express our individuality and confront challenges. Without choice, we are left devoid of purpose and disengaged.

As we have chosen our leaders in the form of Head Girl, Head Boy, School Prefects and the Captains we need to remember that our power to choose also brings immense responsibility. The choices we make ripple outward, affecting not only ourselves but also those around us. This duality of choice—freedom and accountability—is what makes it so integral to human wisdom. The journey of making choices is not easy and is a metric of human evolution. By doing so, we experience consequences, learn from them to enable change, and strive for better.

Rajesh Majumdar



"Pregnancy of the 'Males' "



"Congratulations!" A Bollywood film made on the concept of a male getting pregnant. Seems impossible, right? But not in the case of a majestic marine creature, Seahorse (*Hippocampus* sp.). "Male seahorses get pregnant and give birth to baby seahorses." A very fascinating and astounding fact related to an animal living deep in the ocean. It is truly fascinating and the story seems to defy the laws of nature, but it is true that the natural adaptation and evolution let the males take part in the process of bearing offsprings. Seahorses, (*Hippocampus* sp.) majestic creatures of the oceans, belonging to the Class - Osteichthyes (Bony Fish), follow the mode of physiologically 'external' within a physically 'internal' fertilization. The females deposit unfertilized eggs inside the brood pouch, a special sac-like structure on the belly of the males, after a successful courtship. The male seahorse then fertilizes the eggs with sperm inside the brood pouch and nourishes them with nutrients, oxygen. After around 30 days, hundreds of baby seahorses come out from the belly of the father and live their individual lives.

Though it seems impossible for the most complex organisms on the earth, humans, laden with specialized organs and special hormones, it is not that difficult for the species of lower order. These kinds of fascinating facts of nature, magic of life intrigue our thoughts and keeps us curious.

Article By: Mr. Vishal Dey, Faculty (Biology)

Illustration By: Tianna Basumatary, XII-H

CAMBRIDGE WORKSHOP



School staff, Ms Shatarupa Mahadani and Ms Arpita Sharma attended a session, 'Cambridge International Education Masterclass Workshop' on 14th February at Mayoor School, Jaipur. The workshop was piloted by the resource person, Dr. Akash Raut, Academic Advisor, South Asia, and in-depth discussions were held regarding Cambridge Curriculum and Culture. The attendees also explored multiple ways to dive into parent outreach and effective uses of different Outreach Tools and Strategies.

STUDENT LEADERSHIP CAMP 2025



A three-day 'Student Leadership Camp' for Class XI commenced at The Sagar School on 21st February. The primary objective of the camp was to equip students with the skills and insights that are imperative for being inducted into the Prefectorial Council in the upcoming academic session, 2025-26.

“Be aware, build resilience, empower knowledge, stay vigilant.”

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The first-day sessions were led by the Principal, Vice Principal, and the Dean of Student Well-being who delved deep into the epistemology of 'leadership' and the characteristics pivotal for being a good leader. The guest speaker, Mr Arindam Bharadwaj, a lawyer with an MSc (Criminal Justice Policy) from the London School of Economics & Political Science (LSE), U.K. conducted a candid discussion with the students and shared his journey from being a shy child from a small town to a successful leader. Throughout the varied interactive sessions, students' queries were addressed, and they were actively encouraged to express their perspectives.

A HEARTFELT FAREWELL TO MR. Y.S. KANYAL AND MR. G.P. PANDA



Bidding farewell is never easy, especially when it's to staff members who have been the heart and soul of the school. The school organized a special farewell assembly to honor the beloved Mr. Y.S. Kanyal, Head of Admin, and Mr. G.P. Panda, Librarian. The assembly was filled with cherished memories, gratitude, and deep emotions as the school community came together to celebrate their years of dedicated service.

The special assembly, held in their honor, marked the end of an era as both gentlemen retired from their long and distinguished careers. Tokens of appreciation and gratitude were presented to them, reflecting the immense love and respect students and staff held for them. (assembly photos)

In their honor, a ceremonial retirement dinner was hosted by the Principal, which brought both smiles and tears as everyone reminisced about the years of dedication and love these remarkable educators had given. Heartfelt speeches and warm wishes underscored how much they meant to the entire school community, leaving an everlasting impact on all. (dinner photos)

Debut Book Launch: Cyra Arora of Class X Showcases Literary Prowess



Sagarian Cyra Arora of Class X made her debut as a young author by writing her story in 7 Triumph Tales of Victory. The book was launched at DPS International, Gurugram, in an event attended by Mr. Nikhil Thareja, Faculty of English and Ms. Archana Sharma, Head - HR & PR. The book launch was a great success, as Cyra's story is expected to touch the hearts of many readers.



Holi Celebration: A Riot of Colors and Joy at TSS

The festival of Holi was celebrated with immense enthusiasm at The Sagar School, where the teacher and the taught transformed into a riot of colors as they played together on the Cricket Field. The festivities kicked off with a splash of organic colors, accompanied by lively music and dance. A feast was also part of the celebration, adding to the joy. The entire community came together to enjoy the festival, sharing the belief of good over evil and making the event a memorable one for all.



A Memorable Annual School Excursion



From 22nd March to 29th March, students embarked on an exciting and educational journey during the annual school excursion.

Classes V-VII explored Bhopal, Pachmarhi, Bhimbetka, and Sanchi. They enjoyed Bhopal's scenic beauty, the historic caves of Bhimbetka, and the ancient Buddhist heritage of Sanchi.



Class VIII visited Chandigarh, Shimla, Kufri, and Amritsar



They embarked on a memorable journey through North India, beginning with an exploration of Chandigarh's iconic landmarks, including the Rock Garden, Sukhna Lake, and Pinjore Garden. The group then travelled to Shimla, where they delighted in the cool, refreshing climate and scenic beauty of the hills. In Kufri, their adventurous spirit came alive as they engaged in thrilling outdoor activities like zip-lining, rappelling etc.

The trip reached a spiritual and patriotic high as they visited the serene Golden Temple in Amritsar. They not only admired the temple's divine architecture and peaceful ambience but also participated in the community langar, experiencing the values of selfless service and unity. Their culinary journey was equally enriching, as they sampled a variety of regional delicacies—from spicy Punjabi dishes to sweet treats—broadening their taste buds and cultural appreciation.

The visit concluded with the emotionally stirring Attari Border ceremony, where they witnessed the grandeur and discipline of the ceremonial parade, leaving them with a deep sense of national pride.



Classes IX & XI ventured to Dharamshala for a memorable trekking experience, including Triund, Laka Got, and Kareri Lake treks, amidst the stunning Himalayan landscape. They wrapped up the journey in Chandigarh. This excursion provided students with memorable experiences, enhancing their knowledge, teamwork, and appreciation of India's rich heritage.



Teacher Empowerment Programme (TEP) at The Sagar School: A Week of Professional Development

A six-day Teacher Empowerment Programme (TEP) was facilitated by The Sagar School for its staff from 24th-29th March on campus. The session commenced with the Vice Principal spelling out the importance of the TEP.

The Principal apprised the gathering of the next three-year journey of The Sagar School - its improvement plan, innovating new approaches, and sustaining and achieving success.

Technology Integration

The Senior Academic Coordinator briefed the school staff about the advanced functionalities of tools within Microsoft Word and Excel to empower them in streamlining the digital documents. The ERP Coordinator detailed the gathering about the key features and updates of 'Gyan Sagar Portal' for effective use in uploading the data of the students on the Portal.



In a continuous effort to enhance teaching methodologies and classroom effectiveness, various departments recently conducted insightful sessions under the theme of 'Sharing Best Practices'. These sessions offered a platform for educators to exchange ideas, reflect on their approaches, and strengthen their pedagogical strategies.

Teachers presented innovative teaching methods, with a special focus on the use of audio-visual aids that foster greater student engagement and comprehension. These tools were highlighted as effective in making complex concepts more accessible and enriching the overall learning environment.

The ICT Department led an informative session on Cyber Security and Cyber Hygiene Habits. The session shed light on the growing importance of digital safety and provided practical tips on protecting oneself in the online world. Teachers were guided on best practices for safeguarding web accounts, identifying digital threats, and promoting responsible internet usage among students.

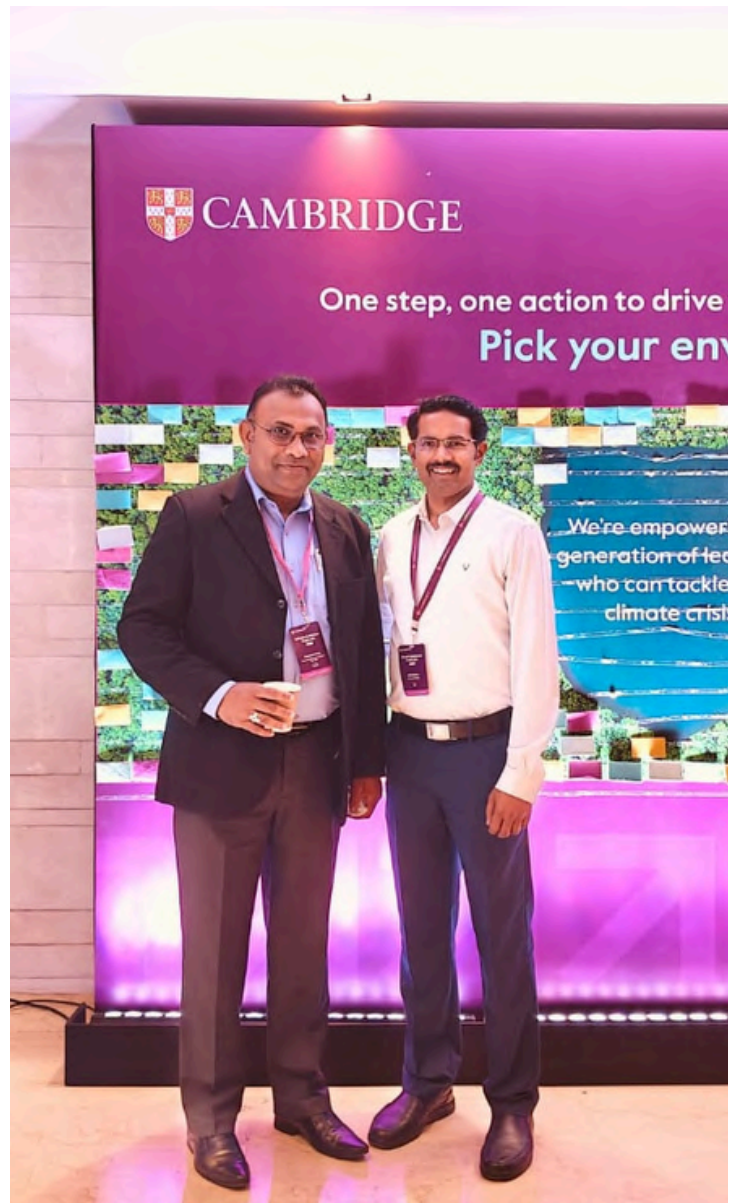


The Behaviour Counselling Team conducted a deeply engaging session focused on Behavioural Problems and Learning Issues in Children. Through interactive group activities, they discussed how early identification of such issues is crucial. Emphasis was placed on a multi-disciplinary approach, encouraging collaboration among teachers, counsellors, and parents to support students' emotional and academic development. Practical strategies were shared to help educators create a more inclusive and supportive classroom environment.



These sessions not only empowered educators with practical knowledge but also strengthened the spirit of collaboration among departments, reaffirming the shared commitment to the holistic development of students.

Cambridge School Conference South Asia 2025



The venerated global summit, Cambridge School Conference South Asia 2025, was convened on 27th & 28th of March at Taj Surajkund, Faridabad. The Vice Principal, Ms Tanu Tiwari, and IGCSE Coordinator, Mr J. Jeya Kumar, along with other educators across South Asia, attended the conference. Luminaries, like Ms Abigail Barnett, Director, Cambridge 3-19 Curriculum and Dr. Akash Raut, Head-Academic Advisor, South Asia, Ms. Sue Brindley, Professor, Faculty of Education, University of Cambridge, deliberated in detail, the issues that deter the learning and the strategies to encompass and promote the ever evolving pedagogies in a world subjected to volatile changes. Extensive panel discussions were held on 'Thriving in Uncertainty: Making Learners Ready for the Rapidly Changing World,' 'Bringing AI to the classroom: Practical Strategies for Educators and Learners' and many more to promote dialogue among schools and universities that are working in silos, to encourage pedagogies where the learner is inspired to think and create new questions to facilitate learning by understanding and not by cramming.

"Webinar on 'Careers You Didn't See Coming' Organized by Career Department"



The Career Department of our school recently organized an insightful webinar, hosted by the La Mentora Career Counselling Team, on the topic "Careers You Didn't See Coming." The session aimed at broadening the horizons of career opportunities, focusing on emerging fields like sports sciences, mathematics & computer sciences, UI/UX & design, the space industry, biology, and environmental studies.

The webinar highlighted the diverse career paths available in these fields and emphasized the skills required to excel in them. The discussion also provided valuable insights into how learners can develop these skills to enhance their future prospects.

The event concluded with a highly engaging Q&A session, which encouraged active participation from the staff members, making it an interactive and enriching experience for all involved.

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Faculty Advisor : Mr Nikhil Thareja

Faculty Support: Ms Shraiya Gupta

Designing Support: Mr Pranav Thapliyal

Photography Support: Animesh Shrivastava

PUBLISHED BY:

Ms Tanu Tiwari, Vice Principal